

Ergebnisse Laufserie-Ennepe-Ruhr 2018

Stand nach 2. von 3 Läufen - "15. Herdecker City-Lauf und 6. Schwelmer Citylauf"

27.09.2018

| LER Platz nach 2.Lauf | AK | AK Platz | Zeiten | | Vorname | Verein | Jahrgang | 15. Herdecker City-Lauf | | | 6. Schwelmer Citylauf | | |
|--------------------------|-----|-------------|----------|------------------|---------------|--------------------------------|----------|-------------------------|----------|----------|-----------------------|----------|----------|
| | | | Addition | Name | | | | 1.Lauf Platz | Zeit | Startnr. | 2.Lauf Platz | Zeit | Startnr. |
| 1 | M45 | 1 | 01:12:47 | Schröder | Ludger | LG Deiringsen | 69 | 4 | 00:36:15 | 448 | 1 | 00:36:32 | 49 |
| 2 | M55 | 1 | 01:16:17 | Kott | Georg | LG Deiringsen | 61 | 6 | 00:37:38 | 760 | 5 | 00:38:39 | 581 |
| --- | M40 | --- | | Duggan | Stephen | SF Ennepetal | 74 | --- | --- | --- | 3 | 00:37:41 | 309 |
| 3 | M30 | 1 | 01:19:11 | Ebner | Samuel | Schwelmer Jungs | 84 | 12 | 00:39:30 | 61 | 6 | 00:39:41 | 107 |
| 4 | MHK | 1 | | Schnepper | Maximilian | TG Rote Erde Schwelm | 3 | --- | --- | --- | 7 | 00:39:52 | 597 |
| --- | M50 | --- | | Selami | Gelik | Ayyo Team Essen | 67 | 13 | 00:39:40 | 764 | --- | --- | --- |
| --- | M40 | --- | | Bornemann | Dominic | Schwelmer Jungs | 77 | 15 | 00:40:20 | 73 | --- | --- | --- |
| --- | M45 | --- | | von Holten | Andree | BSG Jahobi Hagen | 69 | 17 | 00:41:08 | 603 | --- | --- | --- |
| 5 | M45 | 2 | 01:22:07 | Krämer | Christoph | BSG Sparkasse HagenHerdecke | 71 | 18 | 00:41:10 | 504 | 9 | 00:40:57 | 311 |
| --- | M45 | --- | | Ebel | Uli | TG Rote Erde Schwelm | 69 | 19 | 00:41:18 | 78 | --- | --- | --- |
| --- | M45 | --- | | Müller | Andre | TGH Wetter | 72 | 21 | 00:41:55 | 479 | --- | --- | --- |
| --- | M55 | --- | | Drieschner | Dieter | TG Rote Erde Schwelm | 60 | --- | --- | --- | 10 | 00:41:56 | 290 |
| 6 | M35 | 1 | 01:24:09 | Petersen | Steffen | TG Rote Erde Schwelm | 80 | 22 | 00:42:09 | 132 | 11 | 00:42:00 | 51 |
| --- | M55 | --- | | Öztekin | Ali | Alygo Team Essen | 63 | 25 | 00:43:22 | 637 | --- | --- | --- |
| --- | M50 | --- | | Wiecha | Rufin | kriwett.net | 65 | 26 | 00:43:26 | 568 | --- | --- | --- |
| 7 | M50 | 1 | 01:26:47 | Pannek | Stephan | LT Herdecke-Ende | 65 | 28 | 00:43:57 | 766 | 12 | 00:42:50 | 80 |
| --- | M40 | --- | | Gunst | Markus | Schwelmer Jungs | 75 | 29 | 00:44:18 | 420 | --- | --- | --- |
| --- | MHK | --- | | Kaba | Aly | Schwelmer Jungs | 94 | 31 | 00:44:44 | 655 | --- | --- | --- |
| 8 | M40 | 1 | 01:27:45 | Zabel | Christian | Schwelmer Jungs | 75 | 32 | 00:44:45 | 36 | 13 | 00:43:00 | 30 |
| --- | M35 | --- | | Meyer | Christoph | Exklusive Personal Trainer GbR | 80 | --- | --- | --- | 16 | 00:44:50 | 204 |
| --- | M55 | --- | | Klupsch | Dietmar | Lauffreunde Stefansbecke | 63 | 36 | 00:45:24 | 527 | --- | --- | --- |
| --- | M40 | --- | | Adams | Dirk Matthias | TG Rote Erde Schwelm | 77 | 39 | 00:46:17 | 151 | --- | --- | --- |
| 9 | M60 | 1 | 01:32:09 | Chrobok | Reiner | TGH Wetter | 58 | 41 | 00:46:28 | 156 | 17 | 00:45:41 | 562 |
| --- | M40 | --- | | Kural | Ayhan | TSV 1863 Herdecke | 74 | --- | --- | --- | 18 | 00:46:16 | 218 |
| --- | M60 | --- | | Czernik | Johann | Wetter | 58 | 42 | 00:46:30 | 42 | --- | --- | --- |
| 10 | M50 | 2 | 01:34:16 | Ulrich | Markus | Dortmund | 68 | 53 | 00:47:59 | 415 | 19 | 00:46:17 | 643 |
| --- | MHK | --- | | Hülsenbeck | Maximilian | Ennepetal | 98 | --- | --- | --- | 20 | 00:46:34 | 496 |
| --- | M50 | --- | | Bombien | Jörg | TSV 1863 Herdecke | 68 | --- | --- | --- | 21 | 00:46:36 | 215 |
| --- | M30 | --- | | Zöllner | Johannes | TSV 1863 Herdecke | 88 | --- | --- | --- | 22 | 00:46:39 | 214 |
| --- | M50 | --- | | Kontny | Thomas | TSV 1863 Herdecke | 65 | --- | --- | --- | 23 | 00:46:47 | 216 |
| 11 | M65 | 1 | 01:34:35 | Kulms | Heinrich | RC Lündenscheid 98 | 49 | 50 | 00:47:37 | 658 | 24 | 00:46:58 | 613 |
| --- | M45 | --- | | Klute | Oliver | TSV 1863 Herdecke | 71 | --- | --- | --- | 26 | 00:47:44 | 231 |
| --- | MHK | --- | | Gutschmidt | Philipp | TSV 1863 Herdecke | 96 | --- | --- | --- | 27 | 00:47:46 | 217 |
| 12 | M45 | 3 | 01:36:19 | Röttchen | Dirk | LT Bittermark Dortmund | 71 | 60 | 00:48:30 | 591 | 29 | 00:47:49 | 521 |
| --- | MHK | --- | | Marks | Felix | TG Rote Erde Schwelm | 91 | --- | --- | --- | 31 | 00:47:56 | 65 |
| --- | MHK | --- | | Krokowski | Philipp | TSV 1863 Herdecke | 89 | --- | --- | --- | 33 | 00:48:04 | 211 |
| 13 | M60 | 2 | 01:37:29 | Fischer-Behnen | Achim | LG Hamm | 56 | 75 | 00:50:11 | 746 | 25 | 00:47:18 | 575 |
| --- | M60 | 1 | 01:45:07 | Herschel | Michael | TV Hasslinghausen | 56 | 82 | 00:50:59 | 409 | 43 | 00:54:08 | 201 |
| --- | M50 | --- | | Arling | Bernd | Die 3 Hengste vom Hengsteysee | 58 | 90 | 00:51:24 | 588 | --- | --- | --- |
| 15 | M65 | 2 | 01:41:40 | Zöllner | Jörg-Peter | TSV 1863 Herdecke | 51 | 94 | 00:52:13 | 500 | 35 | 00:49:27 | 212 |
| --- | M30 | --- | | Pohl | Manuel | Pace Pack Runners | 88 | --- | --- | --- | 37 | 00:49:48 | 14 |
| --- | M30 | --- | | Bongardt | Max | Gevelsberg | 87 | --- | --- | --- | 42 | 00:52:32 | 223 |
| --- | M60 | --- | | Jäckel | Norbert | TGH Wetter | 54 | 99 | 00:52:35 | 425 | --- | --- | --- |
| --- | MHK | --- | | Nüßer | Michael | Pace Pack Runners | 94 | 107 | 00:53:15 | 616 | --- | --- | --- |
| 16 | M40 | 2 | 01:46:16 | Wiggers | Benjamin | TG Rote Erde Schwelm | 78 | 112 | 00:53:53 | 600 | 41 | 00:52:23 | 267 |
| 17 | M70 | 1 | 01:41:58 | Graeber | Jürgen | SuS Oberaden | 47 | 114 | 00:54:11 | 436 | 28 | 00:47:47 | 478 |
| --- | M50 | --- | | Schönefeld | Marco | PV Triathlon Witten | 68 | 122 | 00:56:07 | 72 | --- | --- | --- |
| --- | M45 | --- | | Reckert | Holger | Triathlon Team TG Witten | 72 | 126 | 00:56:44 | 584 | --- | --- | --- |
| 18 | M35 | 2 | 01:56:19 | Koning | Christopher | Witten | 79 | 143 | 00:59:30 | 22 | 48 | 00:56:49 | 199 |
| --- | M30 | --- | | Hohmann | Dennis Mirko | --- | 86 | --- | --- | --- | 50 | 00:58:22 | 61 |
| --- | M45 | --- | | Alßmann | Thorsten | Witten | 70 | 153 | 01:04:05 | 83 | --- | --- | --- |
| --- | M55 | --- | | Sema | Michael | TG Rote Erde Schwelm | 63 | 156 | 01:05:57 | 88 | --- | --- | --- |
| --- | W35 | --- | | Seifert | Agnieszka | SEG Gevelsberg | 80 | --- | --- | --- | 5 | 00:46:11 | 488 |
| 1 | W40 | 1 | 01:33:01 | van de Woestijne | Esther | TG Rote Erde Schwelm | 76 | 43 | 00:46:38 | 131 | 6 | 00:46:23 | 50 |
| --- | W55 | --- | | Haarmann | Ute | Lauffreunde Stefansbecke | 61 | --- | --- | --- | 9 | 00:48:45 | 56 |
| --- | WHK | --- | | Mann | Lisa | Wetter | 0 | --- | --- | --- | 10 | 00:50:09 | 15 |
| 2 | W40 | 2 | 01:42:14 | Prahl | Julia | Herdecke | 75 | 78 | 00:50:37 | 46 | 11 | 00:51:37 | 77 |
| 3 | W30 | 1 | 01:42:47 | Baumgarten | Lea-Núria | TG Rote Erde Schwelm | 86 | 65 | 00:48:53 | 50 | 15 | 00:53:54 | 86 |
| 4 | W50 | 1 | 01:43:11 | Weinreich | Claudia | Herdecke | 66 | 88 | 00:51:21 | 8 | 12 | 00:51:50 | 220 |
| --- | W40 | --- | | Kühner | Kristina | TG Rote Erde Schwelm | 75 | 91 | 00:51:48 | 77 | --- | --- | --- |
| --- | W50 | --- | | Beer-Gärtner | Birgit | Milsper TV | 66 | 106 | 00:52:59 | 505 | --- | --- | --- |
| 5 | W50 | 2 | 01:45:38 | Halbe | Andrea | PV Triathlon Witten | 68 | 108 | 00:53:24 | 153 | 13 | 00:52:14 | 79 |
| 6 | WHK | 1 | 01:50:45 | Schmal | Louisa | kriwett.net | 98 | 129 | 00:57:22 | 175 | 14 | 00:53:23 | 277 |
| --- | W40 | --- | | Mitzkus | Nicole | Phoenix Runners | 75 | 117 | 00:54:44 | 155 | --- | --- | --- |
| --- | W40 | --- | | Striebeck | Stefanie | TSV 1863 Herdecke | 74 | --- | --- | --- | 18 | 00:55:32 | 219 |
| 7 | W45 | 1 | 01:52:03 | Sommerstange-L | Stefanie | Dortmund | 69 | 118 | 00:54:55 | 410 | 20 | 00:57:08 | 630 |
| 8 | W55 | 2 | 01:52:28 | Sturm | Christine | kriwett.net | 60 | 125 | 00:56:35 | 572 | 19 | 00:55:53 | 60 |
| --- | WHK | --- | | Stratmann | Janina Nicola | --- | 90 | --- | --- | --- | 21 | 00:58:22 | 62 |
| 9 | W60 | 1 | 02:00:10 | Becker | Andrea | TSV 1863 Herdecke | 55 | 141 | 00:59:14 | 86 | 23 | 01:00:56 | 285 |
| 10 | W45 | 2 | 02:02:46 | Treier | Mirjam | TG Rote Erde Schwelm | 69 | 145 | 01:00:34 | 65 | 28 | 01:02:12 | 610 |
| --- | W65 | 1 | 02:03:56 | Braun-Nott | Angelika | Lauftreff-Hohenlimburg | 52 | 150 | 01:02:35 | 4 | 25 | 01:01:21 | 47 |
| --- | WHK | --- | | Treier | Sophia There | Rote Erde Schwelm | 0 | 151 | 01:03:06 | 771 | --- | --- | --- |
| --- | W75 | --- | | Groß | Helga | PV Triathlon Witten | 41 | --- | --- | --- | 29 | 01:05:26 | 54 |
| --- | W60 | --- | | Seubert | Christiane | TuS Ende | 58 | 160 | 01:07:23 | 63 | --- | --- | --- |
| --- | W70 | --- | | Heimhardt | Ingrid | TG-Voerde | 45 | 161 | 01:13:05 | 1 | --- | --- | --- |