

Ergebnisse 2. Laufserie-Ennepe-Ruhr powered by en|wohnen 2019



Zwischenstand nach 2 von 3 Läufen

* der 9,6km Nikolauslauf wird auf 10 km hochgerechnet
Version 4 30.09.2019

LER Platz Ergebniss	AK	AK Platz	Zeiten Addition	Name	Vorname	Verein	Jahrgang	16. Herdecker City-Lauf			7. Schwelmer Citylauf			36. Nikolauslauf		
								1.Lauf Platz	Zeit	Startnr.	2.Lauf Platz	Zeit	Startnr.	Nettozeit	Zeit *	Startnr.
1	M45	1	01:10:41	Duggan	Stephen	SF Ennepetal	74	1	00:36:17	797	3	00:34:24	602			
2	M50	1	01:11:06	Schröder	Ludger	LG Deiringsen	69	2	00:36:25	769	4	00:34:41	70			
3	M50	2	01:13:05	Joswig	Andreas	Schwelmer Jungs	65	3	00:37:44	656	5	00:35:21	622			
4	M45	2	01:18:27	Krämer	Christoph	BSG Sparkasse Hagen Herdecke	71	11	00:40:16	792	9	00:38:11	575			
5	M40	1	01:22:55	Zabel	Christian	LG Wuppertal	75	17	00:42:39	149	14	00:40:16	106			
6	M45	3	01:23:43	Eickelmann	Karsten	Hagen	71	19	00:42:49	933	17	00:40:54	733			
7	M30	1	01:24:42	Seagull	Steven	Seagulls	88	24	00:44:14	765	15	00:40:28	743			
8	M50	3	01:25:41	Wiecha	Rufin V.	kriwett.net	65	23	00:44:09	701	18	00:41:32	582			
9	M30	2	01:26:30	Vorberg	Christian	TV Hasslinghausen	86	25	00:44:20	255	19	00:42:10	77			
10	M60	1	01:29:30	Chrobok	Reiner	TGH Wetter	58	40	00:46:27	637	27	00:43:03	205			
11	M70	1	01:30:59	Kulms	Heinrich	RC Lüdenscheid 98	49	45	00:46:52	955	33	00:44:07	752			
12	M45	4	01:31:09	Kural	Ayhan	TSV 1863 Herdecke	74	60	00:48:30	884	24	00:42:39	612			
13	MHK	1	01:31:39	Marks	Felix	TG Rote Erde Schwelm	91	54	00:47:39	155	32	00:44:00	72			
14	M50	4	01:34:16	Ulrich	Markus	Dortmund	68	51	00:47:26	956	44	00:46:50	750			
15	M65	1	01:38:38	Zöllner	Jörg-Peter	TSV 1863 Herdecke	51	88	00:51:32	611	46	00:47:06	611			
16	M50	5	01:38:40	Krivett	Martin R.	Krivett.net	69	87	00:51:31	669	48	00:47:09	580			
17	M65	2	01:44:39	Polakovs	Horst	LT Ende Herdecke	54	101	00:54:09	605	69	00:50:30	110			
18	M65	3	01:54:29	Besler	Karl-Heinz	TuS Breckerfeld	50	137	01:01:37	726	77	00:52:52	1909			
19	U18	1	00:34:10	Schnepfer	Maximilian	TG Rote Erde Schwelm	'03	---	---	---	2	00:34:10	739			
20	M30	3	00:38:09	Ryschka	Tobias	Helios	85	---	---	---	9	00:38:09	575			
21	M50	6	00:38:12	von Holten	Andree	BSG Jahobi Hagen	69	---	---	---	12	00:38:12	208			
22	M45	5	00:40:49	Cam	Setai	Zonguldakspor Herne	73	13	00:40:49	942	---	---	---			
23	M50	7	00:42:06	Ebel	Uli	TG Rote Erde Schwelm	69	16	00:42:06	617	---	---	---			
24	M35	1	00:42:20	Meyer	Christoph	Exclusive Personal Trainer GbR	80	---	---	---	21	00:42:20	133			
25	MHK	1	00:42:21	Biermann	Philipp	TSV 1863 Herdecke	91	---	---	---	22	00:42:21	613			
26	M35	2	00:43:00	Petersen	Steffen	TG Rote Erde Schwelm	80	---	---	---	26	00:43:00	19			
27	M50	8	00:43:00	Kontny	Thomas	TSV 1863 Herdecke	65	---	---	---	28	00:43:00	610			
28	MHK	2	00:43:11	Hülßenbeck	Maximilian	Ennepetal	98	---	---	---	29	00:43:11	643			
29	M40	2	00:43:31	Dahlhaus	Andre	kriwett.net	77	20	00:43:31	699	---	---	---			
30	M55	1	00:43:52	Klupsch	Dietmar	Lauffreunde Stefansbecke	63	---	---	---	31	00:43:52	204			
31	M45	6	00:44:03	Krämer	Marc	TSV 1863 Herdecke	72	22	00:44:03	823	---	---	---			
32	U18	2	00:44:36	Sieberg	Daniel	TG Rote Erde Schwelm	2003	26	00:44:36	753	---	---	---			
33	M45	7	00:44:52	Klute	Oliver	TSV 1863 Herdecke	71	---	---	---	36	00:44:52	616			
34	M60	2	00:45:05	Wacker	Peter	TV Haßlinghausen	58	30	00:45:05	795	---	---	---			
35	M45	8	00:45:23	Hampel	Ingo	LAZ Iserlohn	71	34	00:45:23	622	---	---	---			
36	M30	4	00:46:17	Zöllner	Johannes	TSV 1863 Herdecke	88	36	00:46:17	610	---	---	---			
37	M55	2	00:46:30	Kubas	Thorsten	TSV 1863 Herdecke	62	41	00:46:30	872	---	---	---			
38	M50	9	00:46:34	Lehmkuhler	Stefan	Tri-Geckos Dortmund	65	42	00:46:34	604	---	---	---			
39	M40	3	00:47:08	Twork	Sven	Team Erdinger Alkoholfrei	77	48	00:47:08	125	---	---	---			
40	M45	9	00:47:21	Mühlhans	Timo	Lüdenscheid	74	50	00:47:21	144	---	---	---			
41	M60	3	00:47:31	Czernik	Johann	Wetter	58	53	00:47:31	627	---	---	---			
42	M35	3	00:47:34	Siwec	Peter	PeteRunner	81	---	---	---	51	00:47:34	20			
43	M60	4	00:48:27	Fischer-Behnen	Achim	LG Hamm	56	58	00:48:27	892	---	---	---			
44	M55	3	00:48:43	Hanzlik	Thomas	TV Hasslinghausen	61	---	---	---	58	00:48:43	203			
45	M60	5	00:48:58	Herschel	Michael	TV Hasslinghausen	58	---	---	---	61	00:48:58	118			
46	M40	4	00:48:58	Trompeter	Michael	Herdecke	75	62	00:48:58	943	---	---	---			
47	M45	10	00:49:29	Twork	Lars	Team Erdinger Alkoholfrei	71	---	---	---	63	00:49:29	21			
48	M35	4	00:49:30	Glade	Thomas	MIT Unternehmensberatung GmbH	83	67	00:49:30	718	---	---	---			
49	M40	5	00:49:31	Mommers	Markus	MIT Unternehmensberatung GmbH	79	68	00:49:31	717	---	---	---			
50	MHK	3	00:49:42	Jauert	Marcel	Hagen United	91	71	00:49:42	730	---	---	---			
51	M40	6	00:49:51	Nowack	Ralf	Pace Pack Runners	75	72	00:49:51	115	---	---	---			
52	M60	6	00:50:07	Nöckel	Heinz	---	55	---	---	---	66	00:50:07	749			
53	M60	7	00:51:53	Lehmann	Siegmar	Hohenlimburger Hase	57	---	---	---	73	00:51:53	756			
54	M60	8	00:52:57	Schachtschneider	Alfred	TGH Wetter	55	97	00:52:57	658	---	---	---			
55	M30	5	00:57:53	Kara	Mesut	Hausärztlichepraxis Schwerterstraße	89	117	00:57:53	153	---	---	---			
56	M60	9	00:57:54	von der Horst	Rüdiger	Hausärztlichepraxis Schwerterstraße	59	118	00:57:54	152	---	---	---			
57	M60	10	01:00:19	Stöcken	Hauke	Vohwinkler Turn- und Sportver	59	130	01:00:19	652	---	---	---			
58	M55	4	01:01:06	Sema	Michael	TG Rote Erde Schwelm	63	131	01:01:06	616	---	---	---			
59	M70	1	01:01:13	Domnik	Dietmar	Herdecke	49	132	01:01:13	362	---	---	---			
60	M80	1	01:17:43	Sohnius	Harald	LC Wuppertal	35	152	01:17:43	949	---	---	---			

1	W35	1	01:35:22	Seifert	Agnieszka	Sportfreunde Eintracht Gevelsberg	80	52	00:47:29	598	52	00:47:53	141			
2	W55	1	01:35:51	Haarmann	Ute	Lauffreunde Stefansbecke	61	75	00:50:02	636	39	00:45:49	108			
3	W50	1	01:39:04	Halbe	Andrea	PV Triathlon Witten	68	80	00:50:57	602	53	00:48:07	590			
4	W40	1	01:40:21	Perlick	Steffi	Krivett.net	77	95	00:52:49	697	50	00:47:32	581			
5	W65	1	01:47:16	Heibing	Anne	PV Triathlon Witten	54	112	00:56:47	597	68	00:50:29	732			
6	W50	5	01:53:18	Starke	Astrid	TG Rote Erde Schwelm	66	120	00:58:14	615	85	00:55:04	699			
7	W65	2	01:57:37	Braun-Nott	Angelika	Laufftreff-Hohenlimburg	52	138	01:01:41	420	86	00:55:56	43			
8	W60	1	01:57:43	Becker	Andrea	TSV 1863 Herdecke	55	124	00:59:23	607	91	00:58:20	631			
9	W30	1	00:38:12	Schelp	Leonie	TV Ochsenfurt	89	---	---	---	11	00:38:12	731			
10	W40	2	00:42:53	van de Woestijne	Esther	TG Rote Erde Schwelm	76	---	---	---	25	00:42:53	18			
11	WHK	1	00:46:21	Mann	Lisa	Wetter	2000	---	---	---	41	00:46:21	139			
12	W45	1	00:49:10	Moscatiello	Claudia	TV Hasslinghausen	74	65	00:49:10	761	---	---	---			
13	W50	2	00:49:49	Weinreich	Claudia	TSV 1863 Herdecke	66	---	---	---	64	00:49:49	614			
14	W50	3	00:51:11	Beer-Gärtner	Birgit	Milsper TV	66	82	00:51:11	653	---	---	---			
15	W35	2	00:51:11	Dr. Buck	Bettina	Hattingen	80	83	00:51:11	950	---	---	---			
16	W40	3	00:51:31	Müller	Sonja	TG Rote Erde Schwelm	77	86	00:51:31	613	---	---	---			
17	W40	4	00:52:17	Kühner	Kristina	TG Rote Erde Schwelm	75	90	00:52:17	626	---	---	---			
18	W45	2	00:54:41	Striebeck	Stefanie	TSV 1863 Herdecke	74	---	---	---	80	00:54:41	618			
19	W50	4	00:54:48	Sommerstange-Ull	Stefanie	Dortmund	69	---	---	---	81	00:54:48	751			
20	U18	1	00:57:45	Ebel	Franziska	TG Rote Erde Schwelm	2003	---	---	---	89	00:57:45	1			
21	WHK	1	00:57:52	von der Horst	Julia Marie	Hausärztlichepraxis Schwerterstraße	95	116	00:57:52	151	---	---	---			
22	W55	2	00:58:26	Bromm-Hellige	Cornelia	BSG Sparkasse HagenHerdecke	63	---	---	---	93	00:58:26	619			
23	W55	3	00:58:56	Sturm	Christine	kriwett.net	60	121	00:58:56	702	---	---	---			
24	W40	5	00:59:34	Brasermann	Klaudia	Die Brasis	78	---	---	---	95	00:59:34	7			
26	W60	2	01:03:37	Seubert	Christiane	TuS Ende	58	140	01:03:37	425	---	---	---			
25	W50	6	01:06:06	Treier	Mirjam	TG Rote Erde Schwelm	69	145	01:06:06	944	---	---	---			
27	W70	1	01:10:25	Heimhardt	Ingrid	TG-Voerde	45	147	01:10:25	124	---	---	---			

Fragen / Anregungen an ebeluli@gmx.de

